

# ADDITIONAL UCI WORKLIFE AND WELLNESS CONTACTS & RESOURCES

## HEALTH & WELFARE

UC Behavioral Health Benefits (must be enrolled in a UC Medical Plan)

Optum (all UC Medical Plans, including Kaiser) – web access code: 11280  
888.440.8225

Kaiser (Kaiser members only)  
800.464.4000

UC Medical, Dental, Vision and other Insurance Plans Contacts

UC Net

## WORKLIFE & WELLNESS

UC Employee-initiated Reduction in Time (ERIT) Program (UCI campus only, no Health or retirees)

UC Family Friendly Resources for: Staff or Faculty

UC Systemwide Wellness Initiative – UC Living Well

UC Tobacco Cessation Resources

UC Wellness Family Care Benefit – Bright Horizons Care Advantage (eligibility required)

UCI Worklife and Wellness Program

## FINANCIAL & LEGAL

ScholarShare College Savings Plan (by enrollment)

800.544.5248

Schools First Federal Credit Union (by enrollment)

714.258.4000

UC Auto/Home/Renter Insurance – California Casualty (by enrollment)

866.680.5142

UCI Employee Discounts and Perks

UCI Employee Emergency Loan Program (no retirees)

949.824.7310 [loans@uci.edu](mailto:loans@uci.edu)

UC Flexible Spending Accounts for Health and Dependent Care – CONEXIS (by enrollment)

800.482.4120

UC Legal Plan Benefit – ARAG (by enrollment – some web resources available to all) UC Client ID: 11700

800.828.1395

UC Retirement Benefits

UCI Staff Relief Fund (no retirees)

## ADDITIONAL UCI RESOURCES & SERVICES

### UCI - Assisting Students in Distress "Red Folder"

A quick reference resource for faculty and staff who may encounter students displaying distressed or disruptive behavior, with information on how to reach out and connect with students, and make appropriate referrals.

### UCI Catastrophic Leave Program

949.824.7008 [wcdm@uci.edu](mailto:wcdm@uci.edu)

### UCI Center for Emeriti and Retirees

949.824.7769 [retirees@uci.edu](mailto:retirees@uci.edu)

### UCI Discrimination and Sexual Harassment Hotline

949.824.7256

### UCI Health Care Facilitator

949.824.9065 [glennr@uci.edu](mailto:glennr@uci.edu)

### UCI Human Resources

Campus - 949.824.5210 [hrquestions@uci.edu](mailto:hrquestions@uci.edu)

Benefits - 949.824.9152 [benefits@uci.edu](mailto:benefits@uci.edu)

Worklife & Wellness - 949.824.5429 [dyhall@uci.edu](mailto:dyhall@uci.edu)

Medical Center - 714.456-7896

Benefits - 714.456.5736

Wellness - (714) 509-2390

School of Medicine

### UCI Mental Health Care and Respondent Services

949.824.5208 [nshekara@uci.edu](mailto:nshekara@uci.edu)

### UCI Medical Center Occupational Health

714.456.8300

### UCI Office of Academic Personnel

949.824.7176 [acadpers@uci.edu](mailto:acadpers@uci.edu)

### UCI Office of the Ombuds

949.824.7256

### UCI Payroll Office

Campus – 949.824.4568

Medical Center – 714.456.5534

### UC Retirement Administration Service Center (RASC)

800.888.8267

### UCI Return-to-Work Consultants

Campus - 949.824.9756 [wcdm@uci.edu](mailto:wcdm@uci.edu)

Medical Center – 714.456.8667 [mcwcdm@uci.edu](mailto:mcwcdm@uci.edu)

### UCI University-wide Whistleblower Anonymous Hotline

800.403.4744