

# QUIT TOBACCO TODAY FOR YOU AND YOUR FAMILY!



**Join a One-Time Seminar  
to QUIT tobacco at**

## **UC Irvine**

Room G319 Student Center  
Health Education Conference Room  
Irvine, CA 92612

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**To register, please call  
714-999-5262**

### Schedule

#### Thursday

- February 26
- 1:00p.m. – 2:00p.m.

Participants will receive at  
no charge:

- FREE supply of nicotine patches
- Quit Kit
- Workbook
- Counseling