

# BECOME A 2020 UCI Wellness Ambassador

<https://www.wellness.uci.edu/ambassador.html>



UCI Wellness Ambassadors are volunteers that help create a culture of health within the workplace by promoting employee participation and engagement in Wellness programs, services, and events. If you have enthusiasm and passion for wellness, join our UCI Wellness Ambassador team and play an important role in creating a healthy work environment and culture at UCI.

## **UCI WELLNESS AMBASSADORS:**

- Promote UCI HR Wellness programs, resources, and events within your department or work unit
- Coordinate strategic wellness efforts within your department or work unit
- Attend quarterly Wellness Ambassador meetings
- Serve as a liaison for the UCI HR Wellness Program
- Gain professional development and skill building in communication, facilitation, and marketing

## **TO BECOME A UCI WELLNESS AMBASSADOR:**

- Get your supervisor's approval to become a Wellness Ambassador
- Complete the online registration form

## **QUESTIONS?**

### **UCI Campus**

**Dyan Hall**

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### **UCI Health**

**Justin Wang**

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