# 2016 Wellness and Safety Fair Vendor Directory

### 24 Hour Fitness (#44)

CMClub149@24hourfit.com

24hourfitness.com

We are a health and wellness company striving to help people achieve the best selves they can be through their fitness journey.

# Albertsons (#17)

edison.hamada@albertsons.com www.albertsons.com

Albertsons is a unified team of energized associates obsessed with creating the world's number one food and drug retailer in the areas of market value, scale, profitability, customer service, and associate satisfaction.

#### Alzheimer's Orange County (#63)

kristen.maahs@alzoc.org www.alzoc.org

Alzheimer's Orange County provides non-medical support services to those with memory loss, as well as their caregivers and loved ones. There are approximately 84,000 people in OC with Alzheimer's, and we are hoping to connect with more families by providing free information about brain health, memory loss, and how to access our free programs and services.

#### American Heart Association (#11)

marklem.valdovinos@heart.org www.heart.org

American Heart Association Mission Statement: To build healthier lives, free of cardiovascular diseases and stroke. That single purpose drives all we do. The need for our work is beyond question. The Multicultural Initiatives Department goal is to engage multicultural communities and volunteers to build powerful partnerships that drive health transformation by meeting people where they are.

#### American Lung Association (#52)

ravi.choudhuri@lung.org lung.org

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease, through research, education and advocacy. Our work is focused on five strategic imperatives: to defeat lung cancer; to improve the air we breathe; to reduce the burden of lung disease on individuals and their families; to eliminate tobacco use and tobacco-related diseases; and to monitor and enhance organizational effectiveness.

# Anaheim Regional Medical Center- Tobacco Cessation (#51)

karina.pantoja@ahmchealth.com http://www.anaheimregionalmc.com/

Our program provides free tobacco cessation services to help people quit smoking in English, Spanish, and Vietnamese. We use combination therapy through behavior modification and Nicotine Replacement Therapy (nicotine patches).

# Ansell Healthcare/Gloves (#24)

brett.voirol@ansell.com www.ansellpro.com

Ansell is the largest glove manufacturer in the world. We provide all types of hand protection from cut resistant gloves, to chemical protection, disposables, and more. We own Microflex, Solvex, and Ansell.

# **ARAG (#72)**

laura.kares@ARAGlegal.com

ARAGLegalCenter.com (access code: 11700uc)

ARAG legal insurance allows UC faculty and staff to more easily find an attorney while taking away the fear of cost; much like you use health insurance to pay for the cost of visiting a doctor, legal insurance covers the cost of working with an attorney. ARAG connects you with a strong network of attorneys to help you with any legal issue, big or small.

# Be The Match Operated by The National Marrow Donor Program (#37)

sbaker@nmdp.org
bethematch.org

Be The Match helps to connect patients with lifesaving marrow donors. We bring awareness to the need for more diverse communities to join the registry so that more patients can find their match when they need it as well as educate the community on the myths associated with marrow donation. We give people between the ages of 18-44 the opportunity to join the registry and potentially save a life.

#### Blue Shield of California (#75)

sarah.johnston@blueshieldca.com

www.blueshieldca.com

Blue Shield administers the UC Care plan, HSP, and Core plans for the UC employees.

# **Blueberry Hill Catering (#28)**

bbhcatering@verizon.net

www.blueberryhillcatering.net

Blueberry Hill is a full service catering company offering both regular and kosher catering.

# BlueCanh2o (#06)

Patty@bluecanh2o.com

www.BlueCanh2o.com

BlueCanh2o is distributor for Blue Can Water. Pure Emergency Water with a 50-Year Shelf Life. Blue Can Emergency Water: eliminates the need to rotate expiring water, stays fresh in extreme heat, and is a great alternative to plastic bottles.

# **Bright Horizons (#57)**

jenny.brown@brighthorizons.com amelia.platt@brighthorizons.com

www.careadvantage.com/universityofcalifornia

The Bright Horizons Care Advantage program offers the most comprehensive online care base with proprietary matching technology for child, senior, and pet care. With Sittercity and Years Ahead, you get access to: self-selected, pre-screened caregivers, everyday care and more.

#### California Casualty (#71)

jcharles@calcas.com

www.calcas.com

For more than 60 years, California Casualty has offered auto & home insurance with unique benefits and special discounts exclusively for educators. To receive a fast, no-obligation quote, call: 1-877-500-1557.

# ComPsych Guidance Resources Employee Assistance Program (#33)

jschmitt@compsych.com

kbuchman@compsych.com

gcanul@me.com

https://www.guidanceresources.com/groWeb/login/login.xhtml

The Employee Assistance Program (EAP) is a free, confidential service that can assist you with any problems that interfere with your day to day activities.

#### Costco Wholesale (#18)

w01001mkt02@costco.com

www.costco.com

We provide information about our services, conduct giveaways for people, answer their questions, and give out incentives to whoever is interested in getting a membership.

### Council on Aging- Orange County (#64)

slanger@coaoc.org

www.coaoc.org

The mission of the Council on Aging, Orange County is to promote the independence, health and dignity of older adults through compassion, education, and advocacy. A trusted non-profit for over 40 years, the COA provides several specialty programs, including unbiased Medicare counseling.

### Delta Dental (#73)

jmanoa@delta.org

www.deltadentalins.com

We are the dental insurance provider for full-time benefited employees of UCI.

#### Farm Fresh To You (#30)

etorres@farmfreshtoyou.com npavloff@farmfreshtoyou.com www.farmfreshtoyou.com

We deliver organic produce to your home or office.

#### **GRAINGER (#23)**

jason.grant@grainger.com www.grainger.com

When you choose GRAINGER, you get a partner who knows you don't have time or money to waste. We're here to help you save in how you purchase your supplies, how you manage your inventory, helping you manage safety, and operate sustainably. Put us to work in your people and facility. We can help you take costs out and gain the time you need to manage your business.

### **Greater Newport Physicians (#66)**

jphan@memorialcare.org www.gnpweb.com

Greater Newport Physicians is an Independent Practice Association (IPA) comprised of nearly 900 affiliated physicians and specialists who provide first-rate health care to more than 80,000 Southern California residents. Our focus is to enable our physicians to provide high quality health care services to our members.

#### **HATAM Persian Restaurant (#26)**

catering.hatam@gmail.com
www.myhatam.com

We are a Persian restaurant that does catering with about 20 years of experience and we have the opportunity to be on UCI's catering vendors list.

#### Health Net of California (#70)

irene.y.wong@healthnet.com www.healthnet.com/uc

Health Net is the University of Califonia's HMO Health Plan, we support the majority of the HMO UC members with many additional programs that support Health & Wellness.

#### **Heartfulness Institute (#10)**

orangecounty.ca@heartfulness.org www.heartfulness.org

Heartfulness Meditation is a simple and practical way to experience heart's unlimited resources. It includes simple and effective techniques designed to nurture individual well-being and balanced living

#### Hoag Hospital/St. Joseph Hoag Health (#62)

dbbatlew@aol.com

www.hoag.org; www.stjosephhoaghealth.org

Hoag is a nonprofit health care delivery network in Orange County, consisting of two acute-care hospitals, eight urgent care centers, six health centers and a network of more than 1,500 physicians, 5,000 employees and 2,000 volunteers. St. Joseph Hoag Health, which is also affiliated with CHOC Children's, focuses on meeting the big challenges of health care today, including expanding access, improving wellness, and preventive services.

#### **Irvine Company Apartments (#01)**

<u>cbrouthers@irvinecompany.com</u> <u>www.irvinecompanyapartments.com</u>

The Irvine Company Apartment Communities is dedicated to making it easy to find a home you'll love with unsurpassed services meeting your every need. With more than 125 exceptional apartment communities located throughout the prime California regions of Orange County, West Los Angeles, San Diego and Silicon Valley, we offer choices to fit every lifestyle and budget.

#### Kaiser Permanente (#69)

charice.m.velasco@kp.org
www.kp.org/universityofcalifronia

Kaiser Permanente Health Plan is a health plan provider to faculty and staff of the University of California.

#### **KinderCare Education (#58)**

rgundersen@kc-education.com miroberts@klcorp.com hhechler@klcorp.com

Kindercare.com

KinderCare Education provides early child education and before and after school care at over 2000 sites throughout the United States. We have partnered with UC Irvine to offer a special tuition benefit to all Faculty, Staff, and Students.

### **Liberty Mutual (#67)**

KARLA.DAWSON@libertymutual.com www.mylibertyconnection.com

Liberty Mutual Insurance provides Short Term and Supplemental Disability Insurance for University of California employees.

# MemorialCare Medical Group (#65)

jmathis@memorialcare.org

www.memorialcare.org/memorialcare-medical-group

Memorial Care Medical Group offers primary care to patients through family medicine, internal medicine, pediatrics, and urgent care at multiple locations throughout Southern California.

# **Newport Urgent Care (#60)**

dlucero@newporturgentcare.com www.NewportUrgentCare.com

Newport Urgent Care is a dual medical practice. The clinic treats Work related injuries and Private practice patients.

### Noonerz (#25)

BartCharles@gmail.com noonerz@gmail.com www.noonerz.com

We started at UCI as Cornerstone Cafe nearly 30 years ago. We offer our world famous sandwiches as well as yogurt parfaits.

#### Office Solutions (#20)

selkins@officesolutions.com www.officesolutions.com

Office Solutions provides ergonomic products and furniture so UCI staff can work more comfortably, safely and productively. We also provide earth friendly office products and printing solutions to the UCI campus to promote a more sustainable environment.

#### Paws 4 Healing, Inc. (#09)

paws4healing@aol.com www.paws4healing.info

Paws 4 Healing is an all-volunteer, 501(c)(3) non-profit organization in southern California. Our volunteer teams provide animal-assisted activity and animal-assisted therapy services for healthcare facilities, schools, and other kinds of social agencies. We are dedicated to the healing of mind, body, and spirit through the unconditional love of our pets. We are proud to be a Community Partner with Pet Partners®, since September 2003.

#### Pita Jungle (#29)

pitajunglecatering.nb@gmail.comhttp://www.pitajungle.com/locations/newport-beach/Pita Jungle is a place where the food is fresh and healthy food and the people are fun and creative.

# ReadyOC (#05)

<u>dhuerta@westboundcommunications.com</u> www.ReadyOC.org

ReadyOC is a public service campaign aimed at educating and empowering Orange County residents, businesses and the community to better prepare for emergency situations. The goals of the campaign are to get local residents better.

### Regents Point (#56)

Noemi.Flores@thebegroup.org http://www.thebegroup.org/senior-livingcommunities/regents-point

Regents Point is an exceptional Continuing Care
Retirement Community located in a park-like setting
amidst the beautiful rolling hills of the Irvine Ranch in
Southern Orange County, California. It is our continued
goal to make Regents Point an ideal place to enjoy
retirement a place, which our residents are proud to call
home.

#### SchoolsFirst FCU (#61)

www.schoolsfirstfcu.org/

We are a school employee credit union that provides products and services that are free and there to build the financial future of educators.

# **Shanti Orange County (#49)**

sarah.kasman@shantioc.org
www.shantioc.org

Shanti Orange County is a social services non-profit agency providing prevention, education and life-saving supportive services to the HIV/AIDS community with a goal of enhancing health and well-being. We provide mental health and case management services personalized to meet individual needs.

### Tacos and Company (#27)

tacosandcompany@gmail.com

www.tacosnco.com

Mexican food restaurant that offers excellent discounts to UCI students.

### Teamsters Local 2010 (#53)

bstrother@teamsters2010.org dsahhar@law.uci.edu http://www.teamsters2010.org/

We are the union for the Clerical and Allied Services employees (CX unit). We represent over 14,000 UC employees statewide.

#### **Total Women Gym & Spa Irvine (#45)**

rmiller@totalwomanspa.com www.totalwomanspa.com

Total Woman Gym + Spa is the largest all-female gym in Southern California. Located in Irvine, we offer state-of-the-art equipment, group fitness classes, sauna, steam room, whirlpool, private Pilates Studio, and fully operational day spa.

# UC Retirement Savings Program - Fidelity Investments (#68)

Diana.shu@fmr.com

www.ucfocusonyourfuture.com

We help UCI faculty and staff make the most of their Retirement System: UCRP and the 403(b), 457(b) and DC Plans.

#### UCI Athletics - Camps & Clinics (#39)

davisac@uci.edu

www.ucirvinesports.com

UC Irvine Camps' mission is to provide camp participants at all levels with training and skill development in a variety of areas enhancing their functional skill level, and inputting a positive impact on their personal growth and development. By developing techniques and creating a better understanding for sport we strive to provide an enriching and unforgettable summer experience at an affordable price!

# **UCI Campus Blood Donor Center (#36)**

tbarrett@uci.edu

http://www.ucirvinehealth.org/medical-services/blood-donations/

The UC Irvine Campus Blood Donor Center is located on level 1 of the Student Center, inside the Courtyard Study Lounge. All of the blood and platelets collected here help save the lives of patients at the UCI Medical Center.

#### **UCI Campus Recreation (#40)**

cburkes@uci.edu

www.campusrec.uci.edu

Campus Recreation is a Non-Academic Department that is part of the Division of Student Affairs, in the Wellness, Health & Counseling Services cluster. Campus Recreation programs, facilities and services are funded through student fees and operational income with the purpose of complementing the university's mission by enhancing the campus community through recreational sports and fitness activities.

#### UCI Campus Store- The Hill (#46)

pbernabe@uci.edu

http://book.uci.edu

UCI's official campus store. All proceeds from purchases go back to supporting the university!

# **UCI Center for Emeriti and Retirees (#55)**

jerii@uci.edu

http://retirees.uci.edu

The UC Irvine Center for Emeriti & Retirees (CER) serves as the official connection between UCI emeriti, retired faculty and staff, their respective Associations, and the University.

# UCI Center for Student Wellness and Health Promotion (#50)

k.greene@uci.edu studentwellness.uci.edu

We empower students to make informed decisions to support individual health and a healthy campus environment by providing comprehensive programs and coordinated services to: build awareness through assessment and goal-setting, create balance by taking a wellness-based approach to health, develop healthy and sustainable habits, take pride in achieving your personal best, and inspire community by leading fellow

# **UCI Child Behavior Pathways (#59)**

swoodard@uci.edu

Anteaters to be healthy

www.childbehaviorpathways.com

Child Behavior Pathways is a program of the Center for Autism and Neurodevlopmental Disorders providing parent education fir families with children ages 0-5.

#### **UCI Claire Trevor School of the Arts (#38)**

megan.macdonald@uci.edu www.arts.uci.edu/artsoutreach

As UCI's creative laboratory, the Claire Trevor School of the Arts explores and presents the arts as the essence of human experience and expression, through art forms ranging from the most traditional to the radically new. Our international faculty works across a wide variety of disciplines, partnering with others across the campus, our national-ranked programs in art, dance, drama, and music begin with training but end in original invention. Our students come to UCI to learn to be citizen-artists, to sharpen their skills and talents, and to become the molders and leaders of world culture.

# **UCI Disability Services Center (#47)**

jserrant@uci.edu

www.dsc.uci.edu

Our mission is to empower students to reach their potential in every aspect of their lives by moving beyond success to significance through education, service, and support. We also work with staff, faculty, and students with transportation assistance around campus via Ring Road Rides.

# UCI Environmental Health and Safety (#22)

jillmj@uci.edu

www.ehs.uci.edu

Environmental Health & Safety department provides safety recourses for UCI faculty & staff including: fire safety prevention, hazardous waste disposal, lab safety (bio-safety), ergonomics, radiation safety and general safety.

# UCI Environmental Health and Safety- Ergonomics (#21)

bmanalac@uci.edu www.ehs.uci.edu

Environmental Health and Safety provides injury prevention programs to ensure safety and health of UCI faculty, staff, and students.

# UCI Facilities Management- Recycling and Sustainability (#07)

akriegho@uci.edu

http://www.fm.uci.edu/units/recyling-refuse.html

The Facilities Management Sustainability Team works to help further green our campus through creating infrastructure and education about the campus recycling and water conservation programs to both students and staff.

#### **UCI Fifty for 50 Service Projects**

sandy@uci.edu

50th.uci.edu/volunteer

Come visit the Fifty for 50 table to learn about how to get connected to local volunteer opportunities, as well as how to make sure your volunteer hours are logged to receive special recognition at our year-end ceremony!

# UCI Gavin Herbert Eye Institute Department of Ophthalmology (#14)

akausha1@uci.edu

http://www.eye.uci.edu/

When you visit our optical shop, located on the first floor of the UC Irvine Health Gavin Herbert Eye Institute, you can rest assured that you are in good hands. Our optometrists give your eyes a thorough examination and treat any vision problems you may be experiencing.

### **UCI Health Business Development (#13)**

Cherylem@uci.edu

http://www.ucirvinehealth.org/

UC Irvine Health comprises the clinical, medical education and research enterprises of the University of California, Irvine. Patients can access UC Irvine Health at physician offices throughout OC and at its main campus, UC Irvine Medical Center, Orange, CA,- a 411-bed acute care hospital that provides tertiary and quaternary care, ambulatory and specialty medical clinics, behavioral health and rehabilitation.

#### **UCI Health Cardiology (#12)**

ndemiche@uci.edu

http://www.ucirvinehealth.org/medical-

services/cardiology/

Cardiovascular Center at UC Irvine Health treats thousands of patients each year for all types of cardiovascular disease, ranging from the common to the rare. Come visit some of some of its team members to get educated our heart disease and it prevention.

# UCI Health Neuropsychiatric Research Program (NRP) (#15)

ftoullie@uci.edu

https://www.facebook.com/UCINeuropsychiatricResear ch

The UCI Neuropsychiatric Research Program, at the UCI Medical Center in Orange lead by Dr. Steven G. Potkin, has experience conducting clinical trials in Alzheimer's disease, memory loss, schizophrenia, bipolar disorder, and depression. To learn more about clinical trials and research studies please call or email us 714-456-7994 or NRP@uci.edu.

### **UCI Health Weight Management Program (#42)**

krankell@uci.edu

www.weight.uci.edu

UC Irvine Health Weight Management Program is a medically monitored weight loss program that works one on one with a Health Educator to meet your goal and reduce medical risk factors from obesity.

# UCI Hospitality & Dining (#31)

Nguyen-Christine@aramark.com

tmonagle@uci.edu

Trey@cocolibre.com

www.ucidining.com

UCI Hospitality & Dining provides the dining services and affordable meal plan options for the UCI community. We operate over 21 locations on campus ranging from all-you-care-to-eat dining to popular national brands such as Starbucks, Subway and Panda Express.

# **UCI Human Resources (#32)**

mnunezay@uci.edu tobyf@uci.edu www.hr.uci.edu/

UCI Campus Central Human Resources.

#### **UCI Information Security and Privacy Committee (#02)**

tyluu@uci.edu

security.uci.edu

The Information Security and Privacy Committee evaluates UC Irvine's information security and privacy policies, procedures, and operations to identify potential areas of vulnerability and risk and set strategic direction for information privacy and security programs.

#### **UCI Nursing Science (#16)**

michelle.mccoy@uci.edu nursing.uci.edu

Nursing Science wants to educate faculty and staff that nurses address health care needs of individuals, families, and groups from diverse backgrounds. Health care needs range across the health-illness continuum from health promotion and wellness to intervention, treatment, rehabilitation, restoration, and palliation in response to illness.

# UCI Office of the Vice Provost for Teaching and Learning/Division of Undergraduate Education (#48)

rfoland@uci.edu

www.due.uci.edu

The Office of the Vice Provost of Teaching and Learning (OVPTL) is a new initiative to help support undergraduate resources on campus. The Division of Undergraduate education (DUE) is comprised of multiple units that enrich the academic experiences of undergraduate students so that they succeed and thrive.

#### **UCI Police Department (#03)**

awidney@uci.edu ckyoung@uci.edu www.police.uci.edu

The UCI Police Department actively collaborates with our community to create a safe and secure campus through education, problem solving and enforcement. We use innovative practices, technology, continuing training and partnerships to provide professional police services to prevent, prepare for, respond to and recover from all criminal activity, hazards and threats. In doing so, we foster and maintain an environment that supports the well-being of our students, faculty, staff and visitors at UCI.

# UCI Police Department - Emergency Management Division (#04)

awidney@uci.edu www.police.uci.edu

The Emergency Services Unit (ESU) of the UCI Police Department is tasked with the overall emergency operations planning and continuity of operations planning for UC Irvine. The ESU is also responsible for emergency management training, planning, coordination, and implementation of all FEMA, California Emergency Management Agency, and Orange County Operational Area related activities for UCI. The ESU helps prepare the University to respond to and recover from emergency situations. Activities include emergency response planning, emergency communications (zotALERT), Campus Search and Rescue (CSAR), Zone Crew, business continuity planning (UC Ready), and training and exercises.

# **UCI Purchasing and Risk Services (#19)**

cntaylor@uci.edu
www.prs.uci.edu

Purchasing & Strategic Sourcing, Risk Services, Equipment inventory management, Small Business Program, UC Procurement, PALCARD & Low value purchasing.

#### **UCI Staff Assembly (#35)**

sfix@uci.edu

www.staffassembly.uci.edu

Staff Assembly promotes the interests of UCI staff to bolster communications between staff and administration. We support and develop activities which serve UCI, the community, and the University.

### **UCI Transportation and Distribution Services (#08)**

leharris@uci.edu

www.parking.uci.edu

UCI Transportation is your source for sustainable transportation information. Learn how you can save time and money as you carpool, vanpool, take the train or bus, walk, or bike.

#### **UCI Whistleblower Office (#54)**

kballen@uci.edu

http://www.evc.uci.edu/whistleblower/

Our office assists individuals who have concerns of wrongdoing such as violations of state or federal law. We assist individuals with filing a confidential report and conduct an investigation when appropriate. We are here to answer any questions you may have.

# **UCI WorkStrong (#41)**

kali.knapp@uci.edu

http://www.campusrec.uci.edu/workstrong/index.asp

The WorkStrong program is a UC campus-wide initiative that was created to help decrease costs associated with worker's compensation claims. WorkStrong is a free and comprehensive program for faculty or staff members at Main Campus and Medical Center who have sustained a workplace injury and it is designed to meet the specific needs of each client.

# VSP Vision Care (#74)

<u>David.Steckbeck@vsp.com</u>

www.vsp.com

VSP is pleased to offer eye care benefits to UC employees and their families. We appreciate the opportunity to communicate directly with employees about their eye health and VSP coverage. Visit VSP's website at www.vsp.com or call 866-240-8344.

#### Weight Watchers Int. (#43)

janet.riphagen@weightwatchers.com sueburke319@cox.net lrosenbusch@socal.rr.com Traci.shoemaker@weightwatchers.com www.weightwatchers.com

Weight Watchers is designed to help people Go Beyond the Scale in order to become their best self and get healthy.

#### Working Wardrobes (#34)

arnielynnb@workingwardrobes.org workingwardrobes.org

At Working Wardrobes we do everything in our power to help men, women, young adults and veterans overcome difficult challenges, so they can achieve the dignity of work. Our clients become workforce ready by participating in career training, job placement assistance and wardrobe services, in an environment of dignity and respect.