

2023 Clinician Health and Wellbeing Fellowship

Applications are now open for our 2023 UC Davis/UC Irvine Train New Trainers Clinician Health and Wellbeing Fellowship

The CHWB Fellowship is a 6-month clinical education program for providers who wish to receive advanced training in clinician health and wellbeing. **A new cohort begins April 7th, 2023.**

Who Should Apply:

Clinicians in all disciplines are welcome to apply including physicians, nurse practitioners, nurses, and clinical staff interested in learning more about clinician health and wellbeing.

Curriculum:

- Bimonthly webinars held on the second and fourth Wednesday of each month from 12:00 pm – 1:00 pm (PST).
- Three hours of virtual mentoring sessions.
- Half-day virtual conference in clinician health and wellbeing.
- The Health and Wellbeing of Medical Providers online course.

Fellows will learn:

- Solutions for burnout, depression, anxiety, and substance disorders
- Organizational and Individual clinician preventative health approaches
- How to engage, treat, and monitor impaired clinicians
- How to teach TNT principles to their colleagues

Tuition Cost:

- \$7500.00 for external fellows; \$3500.00 for UC System fellows



APPLY TODAY!

**Application deadline:
April 1, 2023**

Questions?

Email Jen Bannister at:
jbannister@ucdavis.edu

Fellowship Alumni Comments:

- “The CHWB Fellowship Program made me a better doctor and leader by providing me with the tools to improve my own wellbeing, as well as that of my co-residents. It has led to the creation of new programs within my department and established physician wellbeing as a focus in my future career. I am forever grateful for the opportunity to participate in this program.” - Maggie Spruce, MD, Capt. USAF, UC Davis Health General Surgery Resident
- “The connections from this program with clinicians from all over the U.S and Canada will be instrumental as I work to promote wellness in my health system. The CHWB Fellowship Program is a vital component in helping an organization reduce burnout, foster well-being, and support quality care.” -Michelle Linenberger, MSN Ed, RN, CCRN-K, – UC Davis Health Children’s Hospital
- “I am so glad I participated in the Clinician Health and Wellbeing Fellowship! It provided me with so many valuable tools, resources, and connections with like-minded people. Now I feel prepared to enhance the wellness offerings in my department.” -Lisa Ho, MD - UC Davis Health Internal Medicine