

Did you know UC Irvine Health
Has a Weight Management Program?

The UC Irvine Health Weight Management Program utilizes Health Management Resources (HMR), a leading provider of medically based weight management programs. Won US News Best Diets for Fast Weight Loss and Weight Loss Program in 2016. We offer easy to follow structured programs to help individuals lose weight and keep it off.



UC Irvine Employees receive 20% off Program fees and classes.
Call now to attend a free orientation and find out more!

(949) 824-8770

